

# Ceroc® New Zealand Competition Rules, Categories and Judging Criteria

Ceroc® competition events are held in different regions across New Zealand. The rules for the Classic and Cabaret categories as set out in this document will apply across all of these events. Event organisers will provide clear details for all Creative category rules, which may differ between events. Not all categories listed below will necessarily be present at every event. Each event may have their own extra regional Creative categories that will be detailed on the event organiser's web pages, which can be found via [www.cerocevents.co.nz](http://www.cerocevents.co.nz). Contact the event organiser for further details of categories not listed in this document.

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## 1 Responsibilities

### 1.1 Organiser Responsibilities

The organiser is responsible for ensuring the event is run professionally and fairly. This is a complex undertaking and more information can be provided by the organiser or Ceroc® Dance New Zealand (Ceroc® NZ) upon request.

The organiser may decide to cancel a competition category if there are less than four entries for that category when entries close. The organiser will communicate this change to all competitors who have entered the category to be cancelled as soon as possible.

## 1.2 Competitor Responsibilities

- Competitors are responsible for reading and understanding this document, especially the general rules and specific category rules.
- Competitors are responsible for knowing which categories they are eligible to enter.
- Shoes must not damage or mark floors. Heel caps must be worn on shoes with a heel base the size of a New Zealand 20c piece or smaller.
- Costumes must be appropriate to the audience.
- It is the desire of the organiser to hold an expressive and exciting dance competition without sacrificing the quality of dancing or good taste. To encourage this balance, any action that is unacceptable in a social dance setting is prohibited.
- Competitors are responsible for displaying their number in an appropriate place on their back. At the end of a song competitors are required to rotate to ensure judges can clearly see their number.
- Competitors are required to be ready in the marshalling area at the appropriate time.

## 2 Points System for Competitor Levels

### 2.1 How it works

- Competitors will be awarded points for their placings achieved in competitions.
- Points are held by individuals, not couples.
- A competitor's points will determine which category levels they are eligible to enter.
- A competitor's points will be reset at the minimum points required each time they move up into a new competitive level.
- The points each competitor holds will be recorded and maintained in a centralised National database called the Points Registry.

### 2.2 Points Registry

To find out how many points you have please login to <https://myceroc.co.nz/registrations/>. The Points Registry will automatically be updated with the points earned at each competition within seven days of the competition results being announced.

Overseas entrants will be required to contact Ceroc® NZ to confirm their competition level.

### 2.3 Points as they relate to Competitor Level

<u>Points</u>	<u>Level</u>
0 - 2	Newcomer
3 - 39	Intermediate B
40 - 99	Intermediate A
100 - 179	Advanced B
180 or more (or 180-299 if Champions is held at an event)	Advanced A
300 or more	Champions

## 2.4 Earning Points

Points are allocated to each individual for placings achieved according to the categories as set out below.

### Classic (Freestyle and Dance with a Stranger (DWAS)) categories

A minimum of six couples for Freestyle, and six individuals of the same gender for DWAS, are required in a final for points to be awarded except for Newcomer events which have no minimum.

Points are allocated according to the level of the category not the level of the competitor.

- Newcomer categories: First - 9 points, Second - 6 points, Third - 3 points.
- Intermediate B categories: First - 21 points, Second - 14 points, Third - 7 points.
- Intermediate A and above categories: First - 30 points, Second - 20 points, Third - 10 points.

### Cabaret categories

A minimum of three Showcase/Team entries are required for points to be awarded except Newcomer Teams which has no minimum.

- Showcases: First - 15 points, Second - 10 points, Third - 5 points.
- Teams: First - 3 points, Second - 2 points, Third - 1 point.

### Creative categories

A minimum of four couples are required in a final for points to be awarded except for Open which requires a minimum of 6.

- First - 3 points, Second - 2 points, Third - 1 point.

## 2.5 Teachers Points

A Ceroc® Teacher is any teacher who currently teaches for a Ceroc® Branch and is recognised by Ceroc® NZ on the Teachers Register.

Ceroc® Teachers will be allocated competition points to bring their total to a minimum of 100, unless they qualify for a higher competitive level.

## 3 General Rules

These rules apply to all competitors across all event categories.

### 3.1 Ceroc® Style

#### Competitors must dance in the Ceroc® Style.

- Ceroc® is a partner dance.
- There is a lead and follow.
- Ceroc® has a concertina (inwards and outwards) action.
- Competitors should maintain contact for the majority of the dance.
- Variations of style are allowed, however judges are looking for a concertina action for the majority of the dance.
- Ceroc® is about expressing fun and enjoyment through dancing.

### 3.2 Non-Contact Dancing

#### Competitors must limit the use of Non-Contact Dancing.

As Ceroc® is a partner dance the lead and follow is expressed through the contact between partners.

- Any time that a dancing partnership is completely broken for more than one Ceroc® count it is counted as Non-Contact dancing.
- During Non-Contact dancing, competitors are still required to dance/perform.
- Any continuous period of Non-contact dancing cannot be longer than eight Ceroc® counts.

### 3.3 Floorcraft

#### Competitors must use good Floorcraft.

Floorcraft refers to the skill of utilising the space on the dance floor while you are dancing, without disrupting the dancing of others.

- Competitors must have consideration for other competitors on the floor.
- Competitors are required to remain in the area assigned, unless otherwise stated.
- Showcases and Teams have use of the entire dance floor.

### 3.4 Aerials

#### Competitors must only perform Aerials in the approved categories as set out in the rules for each category.

Aerials are moves where a dancer is lifted off the ground, held off the ground, or thrown in the air by another dancer. The dancer being lifted, held or thrown is known as the flyer. The dancer doing the lifting, holding or throwing is the base.

- Baby aerials are Aerials where the flyer keeps one foot below the waistline of the base.
- Full aerials are Aerials where both of the flyer's feet go above the waistline of the base.
- Acrobatics are Aerials where the flyer is thrown and contact between flyer and base is broken.
- Death spirals, though not Aerials by the definition of the flyer being off the ground, are where a flyer is spun by the base using centrifugal forces to maintain the flyers shape while in rotation.

### 3.5 Newcomer Moves

All Newcomer moves must be identifiable as one of the Ceroc® Beginner moves as listed below.

Arm Jive	American Spin	Back Pass	Basket
Accordion	Left Side Change	Wurlitzer	Yoyo
Break Through	Catapult	Ceroc New Yorker	
Ceroc Spin	Fan	Figure Of 8	
First Move	Hatchback	Loop Throughs	
Manhattan	Man's Comb	Push Spin	
Return	Shoulder Block	Slide Break	
Squeeze Box	Step Across	Travelling Return	

## 4 Classic Categories

The Classic section includes Freestyle and Dance with a Stranger (DWAS) categories.

The judging criteria listed are defined in section 7 Judging.

### 4.1 Freestyle

#### Freestyle Rules

- In Classic Freestyle couples dance to an undisclosed piece of music.
- Judges will be looking for non-sequenced dancing. Obvious use of repeated sequences of moves is discouraged.
- Category level is dictated by the competitor within the partnership with the most points. Partnerships do not require both competitors to be at the same level.
- Champions level Freestyle may not be held at all competitions.
- Competitors can only enter one Classic Freestyle category level.
- Death spirals and Acrobatics are not allowed in any Classic Freestyle category.

## Freestyle Judging Criteria

Competitors will be judged on the following, listed in order of importance.

- Timing
- Technique
- Partnership
- Musicality
- Moves
- Presentation

## Freestyle Categories

### Newcomer Freestyle

- Both competitors in a Newcomer couple must have less than 3 points each.
- Heats, repechages, quarter finals, semi-finals, and final will be one song only.
- Moves allowed are the Ceroc® Beginner moves as listed in the general rules section.

### Intermediate B Freestyle

- Both competitors in an Intermediate B couple must have less than 40 points each.
- At least one competitor must have 3 points or more.
- Heats, repechages, quarter finals, semi-finals, and final will be one song only.
- Baby aerials and Full aerials are not allowed.

### Intermediate A Freestyle

- Both competitors in an Intermediate A couple must have less than 100 points each.
- At least one competitor must have 40 points or more.
- Heats, repechages, quarter finals, semi-finals, and final will be one song only.
- Baby aerials are allowed.
- Full aerials are not allowed.

### Advanced B Freestyle

- Both competitors in an Advanced B couple must have less than 180 points each.
- At least one competitor must have 100 points or more.
- Heats, repechages, quarter finals, and semi-finals will be one song only.
- Finals will be a minimum of one song.
- Baby aerials are allowed.
- Full aerials are not allowed.

### Advanced A Freestyle

- At least one competitor in an Advanced A couple must have 180 points or more.
- If Champions level is held at a competition both competitors must have less than 300 points.
- Heats, repechages, quarter finals, and semi-finals will be one song only.
- Finals will be a minimum of one song.
- Baby aerials are allowed.
- Full aerials are not allowed.

### Champions Freestyle

- At least one competitor in a Champions couple must have 300 points or more.
- Heats, repechages, quarter finals, and semi-finals will be one song only.
- Finals will be a minimum of one song.
- Baby aerials are allowed.
- Full aerials are not allowed.

## 4.2 Dance with a Stranger (DWAS)

### DWAS Rules

- Open to individual competitors, in Classic DWAS couples dance to an undisclosed piece of music.
- Men and women are judged separately. The judges will however be looking for how well you interact with each partner.
- Category level is dictated by an individual's points. Therefore, a competitor's level danced in Classic Freestyle and Classic DWAS may differ.
- Competitors can only enter one Classic DWAS category level.
- Men must dance the lead role and women must dance the follow role.
- Each pairing will have a minimum of 30 seconds until all men have danced with all women.
- Classic DWAS will have a maximum of 8 couples on the dance floor at one time.
- No Aerials (Baby, Full, Death spirals or Acrobatics) are allowed in any Classic DWAS category level.

### DWAS Judging Criteria

Competitors will be judged on the following, listed in order of importance.

- Timing
- Technique
- Partnership
- Musicality
- Moves
- Presentation

### DWAS Categories

#### Newcomer DWAS

- A Newcomer competitor must have 0-2 points.
- Moves allowed are the Ceroc® Beginner moves as listed in the general rules section.

#### Intermediate B DWAS

- An Intermediate B competitor must have 3-39 points.

#### Intermediate A DWAS

- An Intermediate A competitor must have 40-99 points.

#### Advanced B DWAS

- An Advanced B competitor must have 100-179 points.

#### Advanced A DWAS

- An Advanced A competitor must have 180 points or more (or 180-299 if Champions is held at an event).

#### Champions DWAS

- A Champions competitor must have 300 points or more.

## 5 Cabaret Categories

The Cabaret section of a competition is about entertaining the audience with a choreographed performance of Ceroc®, to music chosen by the competitors. The Cabaret section consists of two types of categories: Showcase and Teams. Teams can be further split into Newcomer Teams and Intermediate and Advanced Teams.

The judging criteria listed are defined in section 7 Judging.

## Cabaret Category Rules

- The event organiser reserves the right to preview performances before an entry may be accepted.
- All competitors that are on the floor once the music commences are deemed part of the Showcase or Team and are subject to the judging criteria and competition rules.
- It is the responsibility of the competitors and event organiser to correspond and select an appropriate music format regarding the playing of the cabaret music.

## 5.1 Showcase

### Showcase Rules

- The competitor within the partnership with the most points must have 80 or more points. Partnerships do not require both competitors to be at the same level.
- Showcases may be either a couple or a triple entry.
- The couple or triple may be same sex.
- Competitors will dance a choreographed performance to their choice of music between 2.5 to 4 minutes long.
- The start of the performance is signalled by any audio, whether it be music, narration or sound effects including vocalised or physical (stomping/clapping etc).
- All moves are allowed including all Aerials.
- Showcases may require pre-selection before entries are accepted.

### Showcase Judging Criteria

Showcases will be judged on the following, listed in order of importance.

- Timing
- Technique
- Partnership
- Performance
- Choreography
- Presentation

## 5.2 Newcomer Teams

### Newcomer Team Rules

- Open to competitors with 2 points or less.
- Team couples may be same sex.
- The Team will dance a choreographed performance to their choice of music 2 minutes long.
- The start of the performance is signalled by any audio, whether it be music, narration or sound effects including vocalised or physical (stomping/clapping etc).
- Teams must have a minimum of three couples.
- Moves allowed are the Ceroc® Beginner moves as listed in the general rules section.

### Newcomer Team Judging Criteria

Newcomer Teams will be judged on the following, listed in order of importance.

- Timing
- Technique
- Teamwork
- Choreography
- Presentation

## 5.3 Teams

### Team Rules

- Open to all competitors.
- Team couples may be same sex.
- The Team will dance a choreographed performance to their choice of music between 2.5 – 4 minutes long.
- The start of the performance is signalled by any audio, whether it be music, narration or sound effects including vocalised or physical (stomping/clapping etc).
- Teams must have a minimum of three couples.
- All moves are allowed including all Aerials.

### Intermediate and Advanced Teams Judging Criteria

Intermediate and Advanced Teams will be judged on the following, listed in order of importance.

- Timing
- Technique
- Teamwork
- Choreography
- Presentation

## 6 Creative Categories

- In Creative categories competitors dance to an undisclosed piece of music.
- Competitors can enter several Creative categories as specified eligibility allows.
- Partnerships do not require competitors to be at the same competition points level.
- The judging criteria listed are defined in section 7 Judging.

### Creative Category Rules

- Death spirals and Acrobatics are not allowed in any Creative category except Open Freestyle.
- The regional event organiser will provide clear details of category rules that vary, including the following.
  - Partnership structure (including gender specifications).
  - If, and how, the category is split into levels.
  - Structure of heats, repechages, quarter finals, semi-finals and finals.
  - Moves allowed/not allowed.
  - Judging criteria order of importance.

### Creative Category Judging Criteria

Competitors will be judged on the following, refer to specific regional event details for the order of importance.

- Timing, Partnership, Musicality, Presentation, Technique, Moves.

### 6.1 Open Freestyle

- The leader in a couple competing in the Open Freestyle category must have 80 points or more.
- All Aerials are allowed, including Death spirals and Acrobatics.
- As Aerials take up a lot of space the floorcraft rule is stringent to protect the safety of those competing. If you enter another couple's dance space and interfere with another competitor you will be disqualified from this category.

### 6.2 Battle Of The Sexes

- Competitor couples must be of the same sex.
- Baby aerials and Full aerials are allowed.



### 6.3 Triples

- Open to any combination of three competitors.
- Baby aerals and Full aerals are allowed.

### 6.4 Ceroc® X

- A number of Ceroc® Beginner moves will be selected by the event organiser from the Ceroc® Beginner moves list.
- All moves must be easily identifiable as one of the selected moves.
- The selected moves are the only moves permitted to be danced in this category at each event.
- Variations of the moves will be allowed but acceptance is based upon the move maintaining the same entry and exit of the core move that is being varied. The moves may not be varied to the point that they become another move.

### 6.5 Infinity

- Contact between partners must be maintained with both hands to their partners hands throughout the song with no change of handhold.
- Any move (including Baby aerals and Full aerals) may be danced provided the hands remain in contact.
- If a handhold is released the couple must leave the floor, or will be asked to leave the floor.

### 6.6 Music Mash Up

- Competitors will dance to 3-5 different song clips of at least 20 seconds each, played one after the other.
- Competitors will be judged on how well they can adapt their style and dancing to match the different genres, speeds and moods of music played.
- Baby aerals and Full aerals are not allowed.

### 6.7 Adam and Eve

- Open to competitors with 3 or more points, excluding Teachers.
- An Intermediate competitor will be randomly paired with an Advanced competitor.
- Baby aerals and Full aerals are not allowed.

### 6.8 Pro-Am

- Only open to Teachers competing with a Newcomer competitor (i.e. a competitor with less than 3 points).
- The Professional (Teacher) and Amateur (Newcomer) will register as a couple.
- Baby aerals and Full aerals are not allowed.
- Moves allowed are the Ceroc® Beginner moves as listed in the general rules section.
- Variations of the above moves will be allowed but acceptance is based upon the move maintaining the same entry and exit of the original move that is being varied. The moves may not be varied to the point that they become another move.

### 6.9 Blind Date

- Open to competitors with 3 or more points.
- A female competitor will be randomly paired with a male competitor subject to: number of entrants, Ceroc® Branch they are from, and what competition level they are as dictated by their points.
- The female dancer will be blindfolded.
- The pairings shall remain unknown to the competitors, and will change from round to round.
- Baby aerals and Full aerals are not allowed.

### 6.10 Swap N Steals

- Competitors must enter as two leads and one follow, same sex partnerships are allowed.
- There can only be one lead at a time dancing with the follow.
- Leads can steal the follow from the other lead or swap the follow between them.
- Baby aerals and Full aerals are not allowed.

### **6.11 45 and Over**

- Both competitors in a 45 and Over couple must be 45 years old or older on the day of the competition.
- Same sex couples may compete together.
- Baby aerials and Full aerials are not allowed.

### **6.12 25 and Under**

- Both competitors in a 25 and Under couple must be 25 years old or younger on the day of the competition.
- Same sex couples may compete together.
- Baby aerials and Full aerials are not allowed.

### **6.13 Lucky Dip**

- Competitors will be paired by the event organiser. Partnerships shall remain unknown to the competitors until such time as specified by the event organiser.
- Baby aerials and Full aerials are not allowed.

### **6.14 Vice Versa**

- Competitor couples must be opposite sex.
- Female competitors are the leads and the male competitors are the followers.
- Baby aerials and Full aerials are allowed.

### **6.15 Dance Off**

- Open to competitors with 3 or more points.
- Baby aerials and Full aerials are allowed.
- Heats, repechages, quarter finals, semi-finals and final will all be one song, for a minimum duration of 5 minutes.
- All competing couples will be on the dance floor during the same song, and will have a minimum of two 30 second spotlights during that song to dance solo.

### **6.16 Masters/Invitational**

- Invited competitors only.
- Baby aerials and Full aerials are allowed.

## **7 Judging**

Competitors are judged from when they walk onto the dance floor to compete, until they are asked to leave the floor.

### **7.1 Judging Criteria**

Below is a description of each of the judging criterion.

#### **Timing**

Timing is moving to the beat/rhythm/tempo of the music. Competitors are expected to dance on time to demonstrate to the judges that they have an understanding of moving to the beat rather than against it.

#### **Technique**

Technique is the display of:

- Controlled execution of moves
- Clear lead and follow
- Good balance and posture

## Presentation

Presentation includes:

- Connection to the viewer
- Entertainment value
- Attitude
- Costume complimenting the couple
- Costume complimenting the choreography (applies to Cabaret categories only)

## Partnership

Partnership is the display of:

- Connection with partner
- Complementing each other's style and strengths

## Teamwork

Teamwork is the display of:

- Synchronisation between Team couples
- Formation structure

## Choreography

Choreography is the pattern, order and formation of dance movements to a set piece of music.

Choreography can incorporate:

- expression of a story
- range of moves
- flow of dance/routines
- use of lines/extensions
- use of space and formation
- innovation/creativity
- interpreting the rhythm, melody, mood, flavour and imagery of the piece of music

## Musicality

Musicality is the manner in which competitors interpret the rhythm, melody, mood, flavour and imagery of a song through movement, body language and expressions.

## Moves

Moves are judged by:

- Difficulty
- Originality
- Selection

## 7.2 Penalties and Disqualifications

If a judge witnesses an incident in which a competition rule has been breached, they will make comments on their scoring sheets, however, will continue judging without said breach affecting the scores. That judge is then required to inform the head judge of the breach as soon as possible. Breaches of rules identified by competitors, audience and video replay will not be addressed.

**It is the head judge's responsibility to identify the rule/s being breached and severity of the breach.**

Taking into consideration the following:

- Did the incident give the competitor an unfair advantage
- Did the incident interfere with any other competitors
- Has the competitor been informed of the breach of rules previously (where applicable).

**The head judge may then choose to:**

- Warn the competitor, and identify the incident and rule/s that it breached
- Penalise the competitor by loss of place/placings, and identify the incident, rule/s that it breached and outcome to the competitor
- Disqualify the competitor from that category, and identify the incident, rule/s that it breached, and outcome to the competitor.